

Dear Student,

We pay attention to the health of all students and we think that it is important that you are healthy and fit. Working out is very important in this and this gets a lot more interesting with a lot of discount. Meet BedrijfsFitnessOnline, an organization who offers fitness memberships with a discount. You get to choose from one of the connected partners of BedrijfsFitnessOnline which are located throughout the country. Whether you choose a discount gym like Fit For Free or a luxurious gym like SportCity, Whether you choose bootcamp, personal training, swimming, group lessons or squash: there is plenty of choice.

Benefits of working out

Everyone knows that working out is good for you but not everyone does it. Sports has various positive effects on reducing stress complaints. In addition, sports provide more energy, a better condition, a reduction of physical complaints, a good blood circulation and a better mood. Reasons enough to decide to start working out with your friends!

Benefits of BedrijfsFitnessOnline:

- Sport locations throughout the country
- Get fit and remain fit
- Friends, relatives and/or acquaintances receive the same discount
- Always working out with discount
- Different sports possible
- Different categories in price and facilities

What does Roosevelt's All Student Association offer?

Thanks to the partnership with BedrijfsFitnessOnline you always receive the minimum of 10% discount and sometimes even more. Furthermore, you only must pay €7,95 administration costs once.

Who would not want that?! Visit the website <https://bedrijfsfitnessonline.nl/nl/ucr> for an overview of all the gyms in your area and their rates.

Who can become a member?

Every student of Roosevelt's All Student Association. The students can also sign up friends, family or neighbours with discount. Subscribe them through your personal account and they can register for a membership with the same discount.

I am already a member

No problem. Check [here](#) whether your sport location is on the list. Sign up as an existing member via <https://bedrijfsfitnessonline.nl/nl/ucr>. Your subscription will be converted to the reduced rate.

Enthusiastic

Sign up via the website <https://bedrijfsfitnessonline.nl/nl/ucr>. You must always fill in the following code FITUCR as a reference number.

You can pick up your membership card after two working days at the sport location. From then on you can start exercising immediately. Please take a valid proof of identity during your first visit.

Have fun getting fit!

Elizabethhof 19
2353 EW Leiderdorp

Postbus 128
2350 AC Leiderdorp

070-3014034
info@bedrijfsfitnessonline.nl